

BE STILL AND KNOW

President's Letter October, 2026

Dear Sisters,

I cannot believe it is October already. The shops are already full of Christmas shopping ideas. This is far too soon. All the children get excited and keep asking how many weeks to Christmas. Far too commercialised for me.

I hope you have all enjoyed a harvest. This is an enjoyable time to 'Be still' and think of all the good things God has created and given us the ability to create more.

Whilst out walking my dogs I look at all that nature has to offer. This is probably the time that I can be still in my mind if not in my feet. The leaves are changing colour, and the trees are becoming bare. Just look around you and see the differences. I am lucky in some ways, living with my gran children, has I see the wonder of this in their eyes, and it keeps me in touch with, what might seem like, the trivial things that happen in this marvellous world of ours.

I hope next month I will be able to give you good news about the quarterly secretary's position. This will mean that the Executive is at full strength. Our prayers have been answered.

It has been my pleasure to have taken a MWA service on our new theme already. Lower Wyke ask me every year and I thoroughly enjoy going. Please do remember that I am willing to take your services if you want me to. I love to visit the various circles and speak to the sisters around the Province.

Last month was the first papers on our new theme and I hope you all enjoyed these. I am looking forward to the months to come to see where we are led.

To end my letter here is a short poem that I found.

Be Still

hush

be still

silence please

meditation

quiet

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Have a good October.

The Lord watch between me and thee when we are absent one from another.

Yours in Christ

Sr Gillian Taylor